

RECORDING A HIGH-QUALITY VIDEO WITH YOUR SMARTPHONE FOR THE VIDEO CHALLENGE

Preparation: Battery and memory

Optimize image quality

- 1. Fully charge your smartphone.
- 2. Check whether there is enough storage space.
- 3. Clean the camera lens with a microfiber cloth.
- 1. Select a resolution of at least 1080p. If available 4K is better.

Stability

Lighting conditions

- 1. Use a tripod or a stable base.
- 2. Alternatively: hold the cell phone steady with both hands, elbows resting on your body.
- 1. If possible, choose a location with plenty of natural light (e.g. by a window).
- 2. Always place artificial light sources in front of you.
- 3. An additional light source (e.g. softbox or ring light) is recommended for indoor shots.

5 **Sound quality**

Alignment

- 1. If possible, use an external microphone (e.g. lavalier or directional microphone).
- 2. Alternatively: choose a quiet environment and speak close to the microphone.
- 1.Use the landscape format (suitable for YouTube and presentations)

Background and image section

Recording

- 1. Make sure you have a calm, tidy background.
- 2. Position your eyes on the upper line of the "golden section".
- 3. Your head should be completely in the picture.
- 1. Make a short test clip to check the image and sound.
- 2. Activate flight mode to avoid interference.
- 3.Do not use a zoom move closer to the camera instead.